

CSP is Exhibiting at IACP Officer Safety and Wellness Conference

Anaheim, California
March 11 - 13



Sharon Elise Prager
MA, LCSWR, BCD

Sharon Elise Prager, MA, LCSWR, BCD, is a Board-Certified Clinical Social Worker and the founder of Calm Seas Psychotherapy, LCSW, PLLC, a multi-state practice specializing in trauma treatment for law enforcement, military personnel, and first responders, serving clients in Arizona, Connecticut, Florida, Idaho, Maryland, New Jersey, New York, North Carolina, Pennsylvania, South Carolina, Texas, Vermont, Virginia, and Washington D.C. With over 16 years of experience, she has worked extensively in forensic mental health, suicide prevention, and the assessment of critical incident exposure and its psychological impact on first responders.

A graduate of John Jay College of Criminal Justice and New York University, Sharon is completing her PhD at Texas Tech University, researching trauma, addiction, and suicidal ideation within the first responder community. She is also the architect of the only intensive mental health training program designed exclusively for psychology, social work, and mental health counseling interns, integrating rigorous fieldwork assignments and hands-on experience. Through partnerships with universities in all 50 states, this groundbreaking initiative challenges interns to navigate the unique psychological demands of policing, providing real-world exposure to high-stakes mental health interventions. Sharon is also a dedicated educator, researcher, and speaker on topics related to trauma, mental health, and law enforcement resilience.



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Kiran Miner
LCSW-R

Director of Clinical Client Services at Calm Seas Psychotherapy Kiran is a powerhouse in the mental health field, bringing over two decades of expertise in trauma-focused therapy, crisis intervention, and clinical leadership. Her commitment to professional excellence is evident in her extensive training. Kiran has spent her career working on the front lines of mental health, specializing in highstress, high-risk populations. She has extensive experience working with First Responders, Military personnel, Law Enforcement Officers, and Correctional staff, providing them with the critical support needed to navigate trauma and occupational stress.



Constantine Christodoulou
LMSW

Constantine brings to his work a systemic lens cultivated during his time in philanthropy. Constantine's interests lie in depression, anxiety, addiction, and trauma. His previous clinical experience includes working with substance abuse. He completed his undergraduate degree in psychology and economics from the City College of New York. He completed his Master's in Social Work at Boston University. His eclectic approach includes CBT, Motivational Interviewing, Family Systems Theory, and mindfulness practice.

